

Dear Parents and Carers,

Welcome to the second Safeguarding Update newsletter of the year. This newsletter focuses on Anti-bullying Week 2021; our 'Jigsaw' theme for the term; County Lines and online safety. If you come across any useful safeguarding resources or information that you think the school community would benefit from seeing, please let us know via the school office. Ms D K Panesar.

ONE KIND WORD

Anti-bullying Week 2021

Anti-Bullying Week—One Kind Word

Anti-Bullying Week took place between Monday 15th - Friday 19th November and began with a special whole school assembly and 'Odd Socks' day. This year, more than ever, we have witnessed the positive power that society can have when we come together to tackle a common challenge. Anti-Bullying Week is no different. Bullying has a long lasting effect on those who experience and witness it. But by channelling our collective power, through shared efforts and shared ambitions, we can reduce bullying together.

The theme this year, One Kind Word, was an excellent one, where we learnt about the effects bullying can have on our mental health. We discussed how 'one kind word' can make a difference.

All classes carried out themed activities during the week. Please see our anti-bullying video in the highlights section on our website.

Lauriston's half term focus: PANTS - What is it?

Our focus this term was on 'the underwear rule', using the acronym PANTS.

What are the PANTS rules?



Privates are private	+
Always remember your body belongs to you	+
No means no	+
Talk about secrets that upset you	+
Speak up, someone can help	+

Children had the opportunity to discuss the importance of this rule and join in with the Pantosaurus song

Further information for parents can be found on the NSPCC website. Please follow the link below.

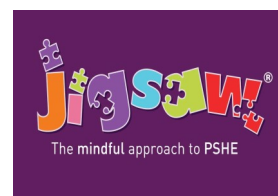
<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

Celebrating Differences

We use 'Jigsaw' as a way of supporting the children's Personal, Social, Health and Economic (PSHE) education. We aim to equip our pupils with the knowledge and skills to successfully and safely manage their lives now and in the future. Lessons happen across the school every week and are delivered in an age-appropriate manner. This term's 'Puzzle Piece' is 'Celebrating Difference'. We are focusing on similarities and differences and diversity, such as disability, racism, power, friendships, and conflict. Children will learn to accept everyone's right to 'difference', and most year groups explore the concept of 'normality'. Anti-bullying, including cyber and homophobic bullying, is an important aspect of this Puzzle.

To find out more about our Jigsaw curriculum click here:

<https://www.lauriston.hackney.sch.uk/curriculum/jigsaw>



Online Safety—please also refer to additional attachments

Using online facilities to help with learning, keep in contact with others and to give some 'down time' is part of all of our lives, but it is important that we all know how to keep children safe when doing so.

Did you know? All social networking platforms and apps have minimum age limits. Some social networks use technologies that might not be appropriate for some ages, or engage with communities that are made up of people much older than your child.

What are the risks of an underage social networking account?

- Many sites include an instant message function which allows private conversations. Not everyone your child meets online will be who they say they are.
- Most social networking sites have an app version, meaning your child will have access to the social network from their smartphone or tablet. Some app versions of social networks use the location of the phone.
- Chat rooms and forums can connect people who are complete strangers and can be un-moderated.
- Information shared between friends can be easily copied and may spread.
- Chat rooms and forums are one of the places online groomers go to connect with children. They can also be places where people use inappropriate language. This is sometimes done through video chat programmes.

What can I do to keep my child safe?

1. Think about online routines: Have a conversation with your child about online safety and agree some rules to help keep them safe.
2. Have a conversation about online pressures and cyberbullying: Remember to talk to your child about what they are doing online and who they are talking to. Check in with them regularly and remind them they can talk to you, another trusted adult, like a teacher, or a ChildLine counsellor about anything they are worried about.
3. Set up devices safely: Make sure you set it up with your child, exploring any safety features. Remember to use parental controls! <https://www.nspcc.org.uk/keeping-children-safe/online-safety/parental-controls/>
4. Keep children safe on conferencing apps: Supervise your child when they use these apps; remind your child not to share chat links or passwords on social media; explore any security features like how to report and block; talk to your child about what they are sharing.

